

AGING WELL: FINANCES OF RETIREMENT HOUSING OPTIONS | March 1, 2023

OUR SPEAKER

Lisa Mayfield, founder, principal, Aging Wisdom. Lisa is a licensed mental health counselor, geriatric mental health specialist, certified care manager, and trained mediator. **CONTACT** 206.456.5155, agingwisdom.com

LEARN MORE

Next Avenue post on the affordability gap for middle-income seniors --

nextavenue.org/trapped-in-the-affordable-housing-gap/

The Cohousing Association of America - cohousing.org

The national Village Movement, helping people age in place - vtvnetwork.org

US Department of Housing and Urban Development housing information for senior citizens -- hud.gov/topics/information_for_senior_citizens

LOCAL RESOURCES AND SUPPORT

Aging and Disability Services agingkingcounty.org

Seattle Housing Authority's senior housing with income restrictions -

www.seattlehousing.org/seattle-senior-housing-program-rent-schedule

Community-based Senior Virtual Villages built around ethnic communities and funded by the King County Veterans, Seniors and Human Services levy -

dchsblog.com/2021/05/05/virtual-villages-helping-king-county-seniors-age-in-place/

SHAG (Sustainable Housing for Ageless Generations), a Washington non-profit provider of affordable rental apartment communities for low- and moderate-income seniors in the Puget Sound region. housing4seniors.com/about-us/our-mission