

AGING WELL: OVERVIEW OF HOUSING OPTIONS | February 22, 2023

OUR SPEAKER

Heather Young, PhD, RN, FAAN, nationally recognized expert in gerontological nursing and rural health care. National director of the Betty Irene Moore Fellowship Program for Nurse Leaders and Innovators and a professor in the Betty Irene Moore School of Nursing at UC Davis. **CONTACT** Prof. Young through UWRA: email retiremt@uw.edu or call 206.543.8600

LEARN MORE

AARP articles on housing for all ages - <https://www.aarp.org/livable-communities/archives/info-2014/housing.html>

Cohousing - www.cohousing.org/senior-cohousing/

Housing Options Handbook published by Seattle's Wider Horizons Village - <https://widerhorizonsvillage.org/wp-content/uploads/2022/04/Housing-Options-handbook-2022.pdf>

The national Village Movement, helping people age in place - vtvnetwork.org

Washington's first LGBTQ-affirming affordable senior housing community
<https://socialwork.uw.edu/news/school's-aging-pride-study-played-role-state's-first-lgbtq-senior-housing>

LOCAL RESOURCES AND SUPPORT

Aging and Disability Services <https://agingkingcounty.org>

Aging Life Care Association - Care managers for professional guidance, assessment, planning, problem-solving, education, crisis intervention www.aginglifecare.org

Seattle Housing Authority's senior housing with income restrictions - <https://www.seattlehousing.org/seattle-senior-housing-program-rent-schedule>

Community-based Senior Virtual Villages built around ethnic communities and funded by the King County Veterans, Seniors and Human Services levy -

<https://dchsblog.com/2021/05/05/virtual-villages-helping-king-county-seniors-age-in-place/>

SHAG (Sustainable Housing for Ageless Generations), a Washington non-profit provider of affordable rental apartment communities for low- and moderate-income seniors in the Puget Sound region.

<https://www.housing4seniors.com/about-us/our-mission>

Washington State Department of Social and Health Services

<https://www.dshs.wa.gov/altsa/long-term-care-services-information>

Washington State Long-Term Care Ombudsman Program

<https://www.waombudsman.org/>