

## End-of-Life RESOURCES

- End of Life Washington- [www.endoflifewashington.org](http://www.endoflifewashington.org), 206 256 1636; advocates for better end of life care; provides direct services to the terminally ill at no charge
- Final Exit Network/FEN – <https://finalexit.org> (options for end of life)
- Death with Dignity National Center – [www.deathwithdignity.org](http://www.deathwithdignity.org) – focuses on passing MAID Legislation in the U.S.
- Compassion and Choices - [www.compassionandchoices.org](http://www.compassionandchoices.org) – end of life choices, education, legislative advocacy
- American Pain Association - 484 483 3131. [www.painassociation.org](http://www.painassociation.org) – education, research, improving treatment of pain



- Honoring Choices PNW – [www.honoringchoicespnw.org](http://www.honoringchoicespnw.org) promoting advance directives
- National Hospice and palliative Care Organization (NHPCO) – [www.nhpco.org](http://www.nhpco.org) - membership organization for providers of hospice and palliative care
- Washington State Health Department – [www.doh.wa.gov](http://www.doh.wa.gov) for general information/[www.doh.wa.gov/dwda](http://www.doh.wa.gov/dwda) for information on the Death with Dignity Initiative
- A Sacred Passage – [www.asacredpassage.org](http://www.asacredpassage.org) – death education, death doula training, A Place to Die
- People's Memorial Association – [www.peoplesmemorial.org](http://www.peoplesmemorial.org) – 206 529 3800/Co-op Includes: Funeral Home, green burials, low-cost cremation, funerals
- A Sacred Moment – [www.asacredmoment.com](http://www.asacredmoment.com) – 425-316 8290/home vigils and funerals, green burials, life celebrations.

- The Conversation Project – [www.theconversationproject.org](http://www.theconversationproject.org) – encourages talking about end of life wishes
- Arline Hinckley – [arlinehinckley@yahoo.com](mailto:arlinehinckley@yahoo.com) –206 795 4217
- Movie: How to Die in Oregon
- The Death Deck: card “game” to stimulate conversation
- The Go Wish Game: a card game to play solitaire or with a small group designed to encourage thought and discussion about your wishes about end of life; created by the Coda Alliance
- Death Over Dinner: [www.deathoverdinner.org](http://www.deathoverdinner.org) – gather with a small group of people (friends or people you don’t know/enjoy a catered dinner and a lively discussion prompted by questions from a facilitator.

I intend to live  
forever. So far,  
so good.

*Steven Wright*