

## **AGING WELL: WORKING WITH A CARE MANAGER | September 15, 2022**

### **OUR SPEAKER**

**Lisa Mayfield**, founder, principal, Aging Wisdom. Lisa is a licensed mental health counselor, geriatric mental health specialist, certified care manager, and trained mediator. **CONTACT** 206.456.5155, [agingwisdom.com](http://agingwisdom.com)

### **LEARN MORE**

National Academy of Certified Care Managers, [naccm.net](http://naccm.net)

Commission for Case Manager Certification, [ccmcertification.org](http://ccmcertification.org)

“Geriatric Care Managers Advocate for Seniors – and Their Caregivers”,  
[Aarp.org/caregiving/basics/info-2020/geriatric-care-manager.html](http://Aarp.org/caregiving/basics/info-2020/geriatric-care-manager.html)

SEE ALSO: Slides, video, and handouts posted at [uw.edu/uwra/events/program-videos](http://uw.edu/uwra/events/program-videos):

- Care Management Dispatches from the Front Lines
- The Value of Working with an Aging Life Care Professional
- Why work with an Aging Life Care Professional during a crisis?
- What is Aging Life Care?
- Proactive Planning

### **LOCAL RESOURCES**

Sound Generations, formerly known as Senior Services, is a comprehensive 501c3 nonprofit organization that serves older adults and adults with disabilities in King County. They can be reached at 206.448.3110. Their Pathways Information & Assistance program ([soundgenerations.org/our-programs/pathways-information-assistance/](http://soundgenerations.org/our-programs/pathways-information-assistance/)) provides free, unbiased advice for aging persons, people with disabilities, and caregivers. They also provide free, confidential and personalized services to unpaid caregivers residing in King County ([soundgenerations.org/our-programs/caregiver-support](http://soundgenerations.org/our-programs/caregiver-support)).