

## **Cohousing Resource List**

Get to Know Cohousing (Part of the UW Aging Well Series)

January 25, 2024

### **Books**

[Creating Cohousing: Building Sustainable Communities](#) by Kathryn McCamant and Charles Durrett

[The Senior Cohousing Handbook: A Community Approach to Independent Living](#) by Charles Durrett

### **Videos**

[Cohousing Communities Help Prevent Social Isolation](#) – PBS NewsHour

[How Cohousing Can Make Us Happier \(and Live Longer\)](#), Grace Kim – TED

[Senior Cohousing – the way to do it](#) New Ground Co-Housing

### **Websites to Explore**

[Cohousing Association of the US](#) (CohoUS)

CohoUS offers a live directory of forming and existing cohousing communities, educational programming, and many other resources. CohoUS also has additional information on [Seniors in Cohousing](#) and hosts a monthly Q&A. Of special note is the National Conference to be held this early August in Denver.

### [Cohousing Solutions](#)

Kathryn McCamant is the leading cohousing development consultant in the U.S. Katie has a great website with a lot of helpful information for people interested in cohousing.

### [CoVision Consulting](#)

Shelly Parks, the presenter of this talk, lives locally and supports cohousing groups all over the country with their marketing and sales efforts.

### **Local forming and developing cohousing communities**

4<sup>th</sup> Corner Commons is a soon-to-be-launching cohousing community in Bellingham. Shelly Parks (presenter of this talk) is leading this project. If you'd like to be notified when it officially launches, please fill out this short [contact form](#). You are also welcome to call Shelly at 425-308-0639 to learn more.

Sunnyside Village is a community in Marysville that is beginning construction on 32 detached cottages. They offer Zoom Information Meetings every Thursday evening. To learn more you can visit the [Sunnyside website](#) or contact Jennie at 206-818-7650.

Plans are afoot to create a small senior focused cohousing community in North Seattle. Contact Sandra Wood (UWRA member) at 206-523-7155

To learn more about launching and existing communities (that may have resales) in the area, check out the [CohoUS Directory](#).

Compiled by Shelly Parks  
Presenter of Get to Know Cohousing  
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Shelly's cell: 425-308-0639  
Email: [sparks@covisionconsulting.com](mailto:sparks@covisionconsulting.com)