

Don't Break the Bank: Exploring Lower-Cost Living Options in Retirement

University of WA Retirement Association (UWRA)

Are you looking for housing options that fit your retirement budget? These resources will help as you explore possibilities for living well without overspending.



Resources to Explore

- [Aging Life Care Association \(ALCA\)](#)
- [Genworth Cost of Care Tool](#)

UWRA video links to presentations

- [Working With A Care Manager](#)
- [Planning for Aging in Place in Safety and Comfort](#)
- [Understanding Your Housing Options](#)
- [Choosing Retirement Housing](#)
- [Downsize to the Right Size](#)
- [The Financial Side of Retirement Housing](#)
- [Aging in Community with Neighborhood Villages](#)
- [Get to Know Cohousing](#)
- [Supportive Technologies for Caregiving & Aging in Place](#)
- [Risks & Ethical Considerations for Supportive Technology](#)
- [Advanced Planning Documents for End of Life Planning](#)
- [Exploring the Death with Dignity Act](#)

Local Virtual Villages

- [Neighbor Helping Neighbor: The Village Movement](#) (article)
- [Northeast Seattle Together \(NEST\)](#)
- [Wider Horizons](#)
- [Phinney Neighborhood Association \(PNA\)](#)
- [NW Neighbors Network](#)
- [Eastside Neighbors Network](#)

Some lower cost options

- [SHAG Independent Senior Apartments](#)
- [Senior Cooperatives including Silver Glen](#)
- [CarePartners Senior Living](#)
- [Northaven Senior Living](#)
- [Truewood by Merrill Gardens](#)
- [Living with family](#) (article)

Relocating

- [Reasons to Relocate in Retirement \(AARP\)](#)
- [Cohousing including Senior Cohousing](#)

Retiring abroad

- [Retiring Abroad? Make Plans for Handling Your Money \(AARP\)](#)
- [Living abroad during retirement \(U.S. Department of State\)](#)
- [Best Places to Retire in 2026 \(International Living\)](#)
- [How to Retire Overseas \(AARP\)](#)

End of Life Planning

- [End of Life Washington](#)
- [Known Wishes](#)
- [Lunaria](#)

WA COPES (Medicaid)

- [WA COPES \(Medicaid\)](#)